

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Thomas Roos**

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 02:23:03

**PACE** 06:48/km

**OVERALL** 292 of 766

26 October 2019, Sat **Date** 

**GENDER** 243 of

443

**40+** 62 of 132